

**2024 JUNE LMT TRAINING COURSE
SYLLABUS (ONLINE)*
Coursework on Massage Therapy (CMT)**

DATE	SCHEDULE	MODULE	TOPIC	INSTRUCTOR
Jan 22, 2024	Monday (11:30AM-1:00PM)	Introductions/Leveling of Expectations		Benjie Eugenio LMT, LET, MPA
Jan 23, 2024	Tuesday (12:00NN-1:00PM)	Diagnostic Test (Non-graded)/House Rules/ Course Syllabus		Benjie Eugenio LMT, LET, MPA
Jan 24, 2024	Wednesday (12:00NN-1:00PM)	Fundamental Concepts of Massage (Module 3)	<i>Learning Objectives/ Definition of Terms</i>	Benjie Eugenio LMT, LET, MPA
Jan 25, 2024	Thursday (12:00NN-1:00PM)		History of Massage	Benjie Eugenio LMT, LET, MPA
Jan 26, 2024	Friday (12:00NN-1:00PM)		Effects of Massage	Benjie Eugenio LMT, LET, MPA
Jan 27, 2024	Saturday			
Jan 28, 2024	Sunday			
Jan 29, 2024	Monday (12:00NN-1:00PM)		Physiological Effects of Massage	Benjie Eugenio LMT, LET, MPA
Jan 30, 2024	Tuesday (12:00NN-1:00PM)		Physiological Effects of Massage	Benjie Eugenio LMT, LET, MPA
Jan 31, 2024	Wednesday (12:00NN-1:00PM)		Physiological Effects of Massage	Benjie Eugenio LMT, LET, MPA
Feb 1, 2024	Thursday (12:00NN-1:00PM)		Physiological Effects of Massage	Benjie Eugenio LMT, LET, MPA
Feb 2, 2024	Friday (12:00NN-1:00PM)		Psychological Effects of Massage	Benjie Eugenio LMT, LET, MPA
Feb 3, 2024	Saturday			
Feb 4, 2024	Sunday			
Feb 5, 2024	Monday (12:00NN-1:00PM)		Indications for Massage	Benjie Eugenio LMT, LET, MPA
Feb 6, 2024	Tuesday (12:00NN-1:00PM)		Contraindications for Massage	Benjie Eugenio LMT, LET, MPA
Feb 7, 2024	Wednesday (12:00NN-1:00PM)		Contraindications for Massage	Benjie Eugenio LMT, LET, MPA
Feb 8, 2024	Thursday (12:00NN-1:00PM)		Unit Test (20 Items)	Benjie Eugenio LMT, LET, MPA
Feb 9, 2024	Friday (12:00NN-1:00PM)		Election of Class Officers/Official Batch Name	Benjie Eugenio LMT, LET, MPA

DATE	SCHEDULE	MODULE	TOPIC	INSTRUCTOR
Feb 10, 2024	Saturday			
Feb 11, 2024	Sunday			
Feb 12, 2024	Monday (12:00NN-1:00PM)	Massage Therapy Application (Module 4)	<i>Learning Objectives/ Definition of Terms</i>	Benjie Eugenio LMT, LET, MPA
Feb 13, 2024	Tuesday (12:00NN-1:00PM)		Pre-massage	Benjie Eugenio LMT, LET, MPA
Feb 14, 2024	Wednesday (12:00NN-1:00PM)		Massage Proper	Benjie Eugenio LMT, LET, MPA
Feb 15, 2024	Thursday (12:00NN-1:00PM)		Post massage	Benjie Eugenio LMT, LET, MPA
Feb 16, 2024	Friday (12:00NN-1:00PM)		Effleurage/Petrissage	Benjie Eugenio LMT, LET, MPA
Feb 17, 2024	Saturday			
Feb 18, 2024	Sunday			
Feb 19, 2024	Monday (12:00NN-1:00PM)		Friction/Tapotement	Benjie Eugenio LMT, LET, MPA
Feb 20, 2024	Tuesday (12:00NN-1:00PM)		Vibration	Benjie Eugenio LMT, LET, MPA
Feb 21, 2024	Wednesday (12:00NN-1:00PM)		Unit Test (20 Items)	Benjie Eugenio LMT, LET, MPA
Feb 22, 2024	Thursday (12:00NN-1:00PM)	Practice of Massage Therapy (Module 5)	Learning Objectives/ Definition of Terms	Benjie Eugenio LMT, LET, MPA
Feb 23, 2024	Friday (12:00NN-1:00PM)		Code of Ethics	Benjie Eugenio LMT, LET, MPA
Feb 24, 2024	Saturday			
Feb 25, 2024	Sunday			
Feb 26, 2024	Monday (12:00NN-1:00PM)		Duties toward the Client	Benjie Eugenio LMT, LET, MPA
Feb 27, 2024	Tuesday (12:00NN-1:00PM)		Duties toward the Profession	Benjie Eugenio LMT, LET, MPA
Feb 28, 2024	Wednesday (12:00NN-1:00PM)		Duties towards Other Massage Therapists	Benjie Eugenio LMT, LET, MPA
Feb 29, 2024	Thursday (12:00NN-1:00PM)		Duties to Employers	Benjie Eugenio LMT, LET, MPA
Mar 1, 2024	Friday (12:00NN-1:00PM)		Duties towards Allied Profession	Benjie Eugenio LMT, LET, MPA

DATE	SCHEDULE	MODULE	TOPIC	INSTRUCTOR
Mar 2, 2024	Saturday			
Mar 3, 2024	Sunday			
Mar 4, 2024	Monday (12:00NN-1:00PM)		Duties toward the Public	Benjie Eugenio LMT, LET, MPA
Mar 5, 2024	Tuesday (12:00NN-1:00PM)		PD 856, Code of Sanitation	Benjie Eugenio LMT, LET, MPA
Mar 6, 2024	Wednesday (12:00NN-1:00PM)		Administrative Order 2010-0034	Benjie Eugenio LMT, LET, MPA
Mar 7, 2024	Thursday (12:00NN-1:00PM)		Administrative Order 2010-0034	Benjie Eugenio LMT, LET, MPA
Mar 8, 2024	Friday (12:00NN-1:00PM)		Administrative Order 2010-0034	Benjie Eugenio LMT, LET, MPA
Mar 9, 2024	Saturday			
Mar 10, 2024	Sunday			
Mar 11, 2024	Monday (12:00NN-1:00PM)		Unit Test (20 Items)	Benjie Eugenio LMT, LET, MPA
Mar 12, 2024	Tuesday (12:00NN-1:00PM)	Anatomy and Physiology (Module 1)	<i>Learning Objectives/ Definition of Terms</i>	Dr. Weng Eugenio-Hautea, OD, LET, REB
Mar 13, 2024	Wednesday (12:00NN-1:00PM)		Body Regions/Body Positions	Dr. Weng Eugenio-Hautea, OD, LET, REB
Mar 14, 2024	Thursday (12:00NN-1:00PM)		Skeletal System	Dr. Weng Eugenio-Hautea, OD, LET, REB
Mar 15, 2024	Friday (12:00NN-1:00PM)		Muscular System	Dr. Weng Eugenio-Hautea, OD, LET, REB
Mar 16, 2024	Saturday			
Mar 17, 2024	Sunday			
Mar 18, 2024	Monday (12:00NN-1:00PM)		Integumentary System	Dr. Weng Eugenio-Hautea, OD, LET, REB
Mar 19, 2024	Tuesday (12:00NN-1:00PM)		Circulatory System	Dr. Weng Eugenio-Hautea, OD, LET, REB
Mar 20, 2024	Wednesday (12:00NN-1:00PM)		Lymphatic System	Dr. Weng Eugenio-Hautea, OD, LET, REB
Mar 21, 2024	Thursday (12:00NN-1:00PM)		Nervous System	Dr. Weng Eugenio-Hautea, OD, LET, REB

DATE	SCHEDULE	MODULE	TOPIC	INSTRUCTOR
Mar 22, 2024	Friday (12:00NN-1:00PM)		Respiratory System	Dr. Weng Eugenio-Hautea, OD, LET, REB
Mar 23, 2024	Saturday			
Mar 24, 2024	Sunday			
Mar 25, 2024	Monday (12:00NN-1:00PM)		Digestive System	Dr. Weng Eugenio-Hautea, OD, LET, REB
Mar 26, 2024	Tuesday (12:00NN-1:00PM)		Urinary/Endocrine	Dr. Weng Eugenio-Hautea, OD, LET, REB
Mar 27, 2024	Wednesday (12:00NN-1:00PM)	Basic Microbiology and Pathology (Module 2)	<i>Learning Objectives/ Definition of Terms</i>	Dr. Weng Eugenio-Hautea, OD, LET, REB
Mar 28, 2024	Thursday (12:00NN-1:00PM)		Common Microorganisms	Dr. Weng Eugenio-Hautea, OD, LET, REB
Mar 29, 2024	Friday (12:00NN-1:00PM)		Infection Process/Signs of Inflammation	Dr. Weng Eugenio-Hautea, OD, LET, REB
Mar 30, 2024	Saturday			
Mar 31, 2024	Sunday			
Apr 1, 2024	Monday (12:00NN-1:00PM)		Pathology on Musculoskeletal System	Dr. Weng Eugenio-Hautea, OD, LET, REB
Apr 2, 2024	Tuesday (12:00NN-1:00PM)		Pathology on Musculoskeletal System	Dr. Weng Eugenio-Hautea, OD, LET, REB
Apr 3, 2024	Wednesday (12:00NN-1:00PM)		Pathology on Integumentary System	Dr. Weng Eugenio-Hautea, OD, LET, REB
Apr 4, 2024	Thursday (12:00NN-1:00PM)		Pathology on Endocrine System	Dr. Weng Eugenio-Hautea, OD, LET, REB
Apr 5, 2024	Friday (12:00NN-1:00PM)		Pathology on Excretory System	Dr. Weng Eugenio-Hautea, OD, LET, REB
Apr 6, 2024	Saturday			
Apr 7, 2024	Sunday			
Apr 8, 2024	Monday (12:00NN-1:00PM)		Infection Control Program: Education/ Training/Exposure Prevention	Dr. Weng Eugenio-Hautea, OD, LET, REB

DATE	SCHEDULE	MODULE	TOPIC	INSTRUCTOR
Apr 9, 2024	Tuesday (12:00NN-1:00PM)		Infection Control Program: Disposal of Client Care Items/ Records Management	Dr. Weng Eugenio- Hautea, OD, LET, REB
Apr 10, 2024	Wednesday (12:00NN-1:00PM)		Unit Test (20 Items)	Dr. Weng Eugenio- Hautea, OD, LET, REB
Apr 11, 2024	Thursday (12:00NN-1:00PM)	Final Written Exam		
Apr 12, 2024	Friday (12:00NN-1:00PM)	Deadline for Submission of Oral/Practical Requirement		
Apr 13, 2024	Saturday			
Apr 14, 2024	Sunday			
Apr 15, 2024	Release of Exam Results/Graduation			

**Schedule is subject to change without prior notice.*

Prepared by:

Benjamin Eugenio Jr., LMT, LET, MPA
AWSA Founding President