LMT TRAINING & REVIEW SYLLABUS (Batch June 2027)

January 11, 2027- April 6, 2027

DATE	SCHEDULE	MODULE	TOPIC	INSTRUCTOR
Jan 11, 2027	Monday (6:00PM-7:00PM)	Introductions/Leveling of Expectations		Benjie Eugenio LMT, LET, MPA
Jan 12, 2027	Tuesday (6:00PM-7:00PM)	Diagnostic Test (Non-graded)/House Rules/Course Syllabus		Benjie Eugenio LMT, LET, MPA
Jan 13, 2027	Wednesday (6:00PM-7:00PM)	Fundamental Concepts of Massage (Module 3)	*Learning Objectives/ Definition of Terms*	Benjie Eugenio LMT, LET, MPA
Jan 14, 2027	Thursday (6:00PM-7:00PM)		History of Massage	Benjie Eugenio LMT, LET, MPA
Jan 15, 2027	Friday (6:00PM-7:00PM)		History of Massage	Benjie Eugenio LMT, LET, MPA
	Saturday			
	Sunday			
Jan 18, 2027	Monday (6:00PM-7:00PM)		Effects of Massage	Benjie Eugenio LMT, LET, MPA
Jan 19, 2027	Tuesday (6:00PM-7:00PM)		Physiological Effects of Massage	Benjie Eugenio LMT, LET, MPA
Jan 20, 2027	Wednesday (6:00PM-7:00PM)		Psychological Effects of Massage	Benjie Eugenio LMT, LET, MPA
Jan 21, 2027	Thursday (6:00PM-7:00PM)		Indications for Massage	Benjie Eugenio LMT, LET, MPA
Jan 22, 2027	Friday (6:00PM-7:00PM)		Indications for Massage	Benjie Eugenio LMT, LET, MPA
	Saturday			
	Sunday			
Jan 25, 2027	Monday (6:00PM-7:00PM)		Contraindications for Massage	Benjie Eugenio LMT, LET, MPA
Jan 26, 2027	Tuesday (6:00PM-7:00PM)		Contraindications for Massage	Benjie Eugenio LMT, LET, MPA
Jan 27, 2027	Wednesday (6:00PM-7:00PM)		Contraindications for Massage	Benjie Eugenio LMT, LET, MPA
Jan 28, 2027	Thursday (6:00PM-7:00PM)		Election of Class Officers/Official Batch Name	Benjie Eugenio LMT, LET, MPA

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January 11, 2027- April 6, 2027

DATE	SCHEDULE	MODULE	TOPIC	INSTRUCTOR
Jan 29, 2027	Friday (6:00PM-7:00PM)		Unit Test (20 Items)	Benjie Eugenio LMT, LET, MPA
	Saturday			
	Sunday			
Feb 1, 2027	Monday (6:00PM-7:00PM)	**Massage Therapy Application (Module 4)**	*Learning Objectives/ Definition of Terms*	Benjie Eugenio LMT, LET, MPA
Feb 2, 2027	Tuesday (6:00PM-7:00PM)		Pre-massage	Benjie Eugenio LMT, LET, MPA
Feb 3, 2027	Wednesday (6:00PM-7:00PM)		Massage Proper	Benjie Eugenio LMT, LET, MPA
Feb 4, 2027	Thursday (6:00PM-7:00PM)		Post massage	Benjie Eugenio LMT, LET, MPA
Feb 5, 2027	Friday (6:00PM-7:00PM)		Effleurage/ Petrissage	Benjie Eugenio LMT, LET, MPA
	Saturday			
	Sunday			
Feb 8, 2027	Monday (6:00PM-7:00PM)		Friction/ Tapotement	Benjie Eugenio LMT, LET, MPA
Feb 9, 2027	Tuesday (6:00PM-7:00PM)		Vibration	Benjie Eugenio LMT, LET, MPA
Feb10, 2027	Wednesday (6:00PM-7:00PM)		**PRELIMINARY EXAM (Written)**	Benjie Eugenio LMT, LET, MPA
Feb 11, 2027	Thursday (6:00PM-7:00PM)	**Practice of Massage Therapy (Module 5)**	Learning Objectives/ Definition of Terms	Benjie Eugenio LMT, LET, MPA
Feb 12, 2027	Friday (6:00PM-7:00PM)		Code of Ethics	Benjie Eugenio LMT, LET, MPA
	Saturday			
	Sunday			
Feb 15, 2027	Monday (6:00PM-7:00PM)	**Practice of Massage Therapy (Module 5)**	Duties toward the Clien	Benjie Eugenio LMT, LET, MPA
Feb 16, 2027	Tuesday (6:00PM-7:00PM)		Duties toward the Profession	Benjie Eugenio LMT, LET, MPA

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January 11, 2027- April 6, 2027

DATE	SCHEDULE	MODULE	TOPIC	INSTRUCTOR
Feb 17, 2027	Wednesday (6:00PM-7:00PM)		Duties towards Other Massage Therapists	Benjie Eugenio LMT, LET, MPA
Feb 18, 2027	Thursday (6:00PM-7:00PM)		Duties to Employers	Benjie Eugenio LMT, LET, MPA
Feb 19, 2027	Friday (6:00PM-7:00PM)		Duties towards Allied Profession	Benjie Eugenio LMT, LET, MPA
	Saturday			
	Sunday			
Feb 22, 2027	Monday (6:00PM-7:00PM)		Duties toward the Public	Benjie Eugenio LMT, LET, MPA
Feb 23, 2027	Tuesday (6:00PM-7:00PM)		PD 856,Code of Sanitation	Benjie Eugenio LMT, LET, MPA
Feb 24, 2027	Wednesday (6:00PM-7:00PM)		Administrative Order 2010-0034	Benjie Eugenio LMT, LET, MPA
Feb 25, 2027	Thursday (6:00PM-7:00PM)		Administrative Order 2010-0034	Benjie Eugenio LMT, LET, MPA
Feb 26, 2027	Friday (6:00PM-7:00PM)		Administrative Order 2010-0034	Benjie Eugenio LMT, LET, MPA
	Saturday			
	Sunday			
March 1, 2027	Monday (6:00PM-7:00PM)		Unit Test (20 Items)	Benjie Eugenio LMT, LET, MPA
March 2, 2027	Tuesday (6:00PM-7:00PM)	**Anatomy and Physiology (Module 1)**	*Learning Objectives/ Definition of Terms*	Benjie Eugenio LMT, LET, MPA
March 3, 2027	Wednesday (6:00PM-7:00PM)		Body Regions/ Body Positions	Benjie Eugenio LMT, LET, MPA
March 4, 2027	Thursday (6:00PM-7:00PM)		Skeletal/Muscular	Benjie Eugenio LMT, LET, MPA
March 5, 2027	Friday (6:00PM-7:00PM)		Integumentary/ Circulatory	Benjie Eugenio LMT, LET, MPA
	Saturday			
	Sunday			
March 8, 2027	Monday (6:00PM-7:00PM)		Lymphatic/ Nervous	Benjie Eugenio LMT, LET, MPA

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January 11, 2027- April 6, 2027

DATE	SCHEDULE	MODULE	TOPIC	INSTRUCTOR
March 9, 2027	Tuesday (6:00PM-7:00PM)		Respiratory/ Digestive	Benjie Eugenio LMT, LET, MPA
March 10, 2027	Wednesday (6:00PM-7:00PM)		Urinary/Endocrine	Benjie Eugenio LMT, LET, MPA
March 11, 2027	Thursday (6:00PM-7:00PM)		**MID-TERM EXAM (Written)**	
March 12, 2027	Friday (6:00PM-7:00PM)	**Basic Microbiology and Pathology (Module 2)**	*Learning Objectives/ Definition of Terms*	Benjie Eugenio LMT, LET, MPA
	Saturday			
	Sunday			
March 15, 2027	Monday (6:00PM-7:00PM)		Common Microorganisms	Benjie Eugenio LMT, LET, MPA
March 16, 2027	Tuesday (6:00PM-7:00PM)		Infection Process/ Signs of Inflammation	Benjie Eugenio LMT, LET, MPA
March 17, 2027	Wednesday (6:00PM-7:00PM)		Pathology on Musculoskeletal System	Benjie Eugenio LMT, LET, MPA
March 18, 2027	Thursday (6:00PM-7:00PM)		Pathology on Musculoskeletal System	Benjie Eugenio LMT, LET, MPA
March 19, 2027	Friday (6:00PM-7:00PM)		Pathology on Integumentary System	Benjie Eugenio LMT, LET, MPA
	Saturday			
	Sunday			
March 22, 2027	Monday (6:00PM-7:00PM)		Pathology on Circulatory system	Benjie Eugenio LMT, LET, MPA
March 23, 2027	Tuesday (6:00PM-7:00PM)		Pathology on Nervous system	Benjie Eugenio LMT, LET, MPA
March 24, 2027	Wednesday (6:00PM-7:00PM)		Pathology on Endocrine System	Benjie Eugenio LMT, LET, MPA
March 25, 2027	Thursday (6:00PM-7:00PM)		Pathology on Excretory System	Benjie Eugenio LMT, LET, MPA

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January 11, 2027- April 6, 2027

DATE	SCHEDULE	MODULE	TOPIC	INSTRUCTOR
March 26, 2027	Friday (6:00PM-7:00PM)		Infection Control Program: Education/ Training/Exposure Prevention	Benjie Eugenio LMT, LET, MPA
	Saturday			
	Sunday			
March 29, 2027	Monday (6:00PM-7:00PM)		Infection Control Program: Disposal of Client Care Items/Records Management	Benjie Eugenio LMT, LET, MPA
March 30, 2027	Tuesday (6:00PM-7:00PM)		Infection Control Program: Disposal of Client Care Items/Records Management	Benjie Eugenio LMT, LET, MPA
March 31, 2027	Wednesday (6:00PM-7:00PM)		Unit Test (20 Items)	Benjie Eugenio LMT, LET, MPA
April 1, 2027	Thursday (6:00PM-7:00PM)		**FINAL EXAM (Written)**	
April 2, 2027	Friday (6:00PM-7:00PM)	Deadline for Submission of Oral/Practical Requirement		
	Saturday			
	Sunday			
	Schedule for Required Barangay Outreach (with documentation)- Half day			
April 5, 2027	Monday (6:00PM-7:00PM)			**FINAL EXAM**
April 6, 2027	Tuesday (6:00PM-7:00PM)			**Graduation/ Recognition Day**

**Schedule is subject to change without prior notice.*

Prepared by:

CPT BENJAMIN B. EUGENIO JR, LMT, MPA, PA (RES)
President